

Grade 2, Chapter 17 – Contrition

Bible story connections:

- Psalm 51
- Luke 7:36-50
- Luke 18:9-14

Social Justice tie-in:

- Beatitude: Blessed are the Meek – it takes humility to express sorrow for doing something wrong. Each student in class should think of someone they owe an apology to, then write a letter of apology or make a plan to apologize in person.

Discussion Questions:

- Why is perfect contrition better than imperfect contrition?
- Why is it important that we try not to sin again?

Memory Work (Baltimore Catechism):

388. What is contrition?

Contrition is sincere sorrow for having offended God, and hatred for the sins we have committed, with a firm purpose of sinning no more.

399. When is our contrition perfect?

Our contrition is perfect when we are sorry for our sins because sin offends God, whom we love above all things for His own sake.

400. When is our contrition imperfect?

Our contrition is imperfect when we are sorry for our sins because they are hateful in themselves or because we fear God's punishment.

Catholic Brain Connections:

[Coloring pages](#)

[Act of Contrition](#)

[Word Search](#)

[Games](#)

[Name Match](#)

[Memory Match](#)

[Videos](#)

[Lukas Storyteller – St. Anthony and Telling the Truth](#)

Family Page: Ch. 17 – Contrition

Review:

Vocabulary

- Contrition – Sorrow for our sins
- Purpose of Amendment – Our firm intention to avoid sin in the future

1) What is perfect contrition motivated by?

Love for God

2) What is imperfect contrition motivated by?

Fear of punishment

3) What prayer do we pray during Reconciliation that expresses our sorrow for our sins?

The Act of Contrition

Discussion Question:

Why do you think being sorry for our sins is an important part of the Sacrament of Reconciliation?

Activity:

Apologize to one another. If you have done something to hurt anyone in your family, tell them that you are sorry. Accept responsibility for hurting each other, then offer and receive forgiveness from each other.

Jesus Loves You!